

University of Pretoria Yearbook 2016

Motor learning and development II 221 (EXE 221)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	16.00
Programmes	BSportSci BSportSci
Prerequisites	EXE 120
Contact time	3 lectures per week
Language of tuition	English
Academic organisation	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed – requires departmental selection This module introduces the field-based professional to the processes that underlie human movement learning. Principles of performance assessment, effective instruction, designing practice, rehabilitation and guidelines to optimise training experience, skill acquisition and performance will be included. Opportunities to apply principles and concepts will be incorporated.

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